

## Why Should You Learn Reiki from Me?

It is traditional in the world of Reiki for the Reiki teacher to teach you about Reiki based on what he or she, in turn, learned from his or her Reiki Master. Fine, but what if some of that information has been replaced by more enlightened and updated Reiki practices that their original Reiki Master was not aware of? Such was the position that I found myself in when I finally decided to put my own Reiki courses together, and to write my manuals.



Help was at hand. For four years I was the Research Co-ordinator for the UK Reiki Federation, and for two of those years I was elected to their Management Committee, where I took Reiki research from zero to being one of the top three aims of the UKRF, and with its own button on their then new website. I was also seconded from the UKRF to the Reiki Council during that time, and my involvement with the decision-making processes in both organisations proved invaluable to me as I began to crystallise my thoughts about teaching Reiki. Finally, at the UKRF's AGM in 2018 I met Penelope Quest, a fellow guest speaker, who in addition to being an authority on Reiki in this country, with many Reiki books to her credit, she also, like myself, had been a member of the Management Committee of the UKRF, although many years before my time there. I've moved on since then, from both the UKRF and the Reiki Council, and am currently the Reiki Research Adviser to the Confederation of Healing Organisations (CHO).

However, when I met Penelope Quest, I had already read her book, "Reiki for Life", and when I met her at the AGM I discovered she had also written a book called "The Reiki Manual". ***In that book is to be found all the information about Reiki that should be taught at all three Levels, 1, 2, and 3, throughout the UK. It is a brilliant book, and I had no hesitation in using it as the template not just for my own three Reiki courses, but also to use the information in that book in my own manuals.*** PQ was an influential voice on the Government body that became the Reiki Council, and one of their achievements was the setting up of the National Occupational Standards (NOS) for Reiki, which set the benchmark standards for the practice of Reiki in hospitals and other leading healthcare organisations.

***All of that invaluable knowledge is to be found now in my own courses, in addition to my own knowledge and experience gained since I started Reiki Ken in 2009.***

So, if you come to me to learn Reiki, you will be learning Reiki of the highest standard. From a course that I have already run, here is what Karen from Co Durham had to say -

*The Level 1 course was an amazing weekend, with unbelievable experiences. After my attunement took place, I felt that something really special happened to me within. It give me such an incredible high as though all negative energy had been removed, replaced by loving, warm, really happy positive vibes. I felt loaded with good feeling, it has certainly changed my life for the better. I now practice Reiki on others, and I can actually feel the Reiki energy run through my palms as it runs through me. I love being part of my Reiki group and learning from my humble kind Master Reiki Ken, sharing his knowledge and wisdom. It's an extraordinary journey. Bring on Level 2!*

Your own  
Reiki Level 1  
Manual

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Compiled  
by  
Ken Hill



Usui Shiki Ryoho  
(The Usui System of Energy Healing)

Your name will be on the title  
page of the manual!

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For another point of view, here is what Joanne of Co Durham has to say -

*I cannot recommend Reiki and Reiki Ken enough. What Reiki has done for me and my life is immense and cannot thank Ken enough for the wonders of his Reiki energy power.*

*I believe in Reiki so much that I have booked myself into Ken's Reiki Level One course, which I hope to follow up with Level Two and Three.*



**So, if you are interested in learning Reiki from me, then contact me now!**

**Either email me on [mail@reikiken.com](mailto:mail@reikiken.com), or call me on either 01325 469654 or 0780 390 5881. (Please note, if I'm not there when you call, do leave me a message and I will get back to as soon as I can.)**

You will find further details of all three of my courses on the [Reiki Teaching](#) page of my website, [www.reikiken.com](http://www.reikiken.com).

All three courses will follow this pattern -

- They will take place at my Reiki practice in Bowman Street, Darlington.
- Each course will be over a weekend, on a Saturday and Sunday, between 10.00 am and 4.00 pm, then on the following two Thursday evenings, between 7.00 and 9.00 pm.
- It will be on that second Thursday evening that personalised certificates will be awarded.
- *Each student will receive a personalised bound manual. It is A5 size, much more portable than the usual A4 size, and more like a published book, with a detailed Contents at the beginning, and professional layout throughout. (I have previously worked a technical author, and brought those skills to the table in compiling these manuals.)*

Please note that in addition to being a qualified Reiki Master and Reiki Teacher, I also have a City & Guilds qualification as an Adult Trainer, and have previously taught IT and Business Admin.

*Those two elements of my past career experiences before Reiki took over my life in 1998 have been valuable tools that I have used with success in my Reiki practice, which, in June 2019, sees its 10th anniversary, with just under 200 clients in that time. If you have been with me as one of those clients then you will know how passionate I am about Reiki. (If you take a look at the [Testimonials page](#) of my website you will see how Reiki from me has helped other clients.)*

***I would very much like to share my passion for Reiki with you if you would allow me to guide you on your journey through some or all of my three Reiki Level courses.***

***I look forward to the experience.***

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