Some Testimonials

As a returning client to Ken, I already knew he would be able to help me with a course of distance Reiki for pain. I have complex health needs following a spinal injury seven years ago; however, my main issues are with mobility and pain (neuropathic pain) in my legs. I take a concoction of medication from my doctor for this; however, I struggle with side effects of this. The Reiki, which I'm receiving once per week is having such a positive impact on my life. I notice that I get two days almost pain free following my session, as well as a reduction in medication!
My overall mental health has also improved and I feel so much positive about my health and my future.
I intend continuing with my Reiki journey long term with Ken, and would urge others to give it a try, even if it's only short term. The benefits are amazing!
Claire, Co Durham

Reiki has definitely helped me relax and focus better. I've enjoyed taking the hour to myself each week. Ken you've been great, very informative, organised and efficient in your service. I really appreciate your advice and the knowledge you have provided me with. This will not be my last session, hopefully the beginning. Thank you and I'll be recommending you, I have already passed over your details to friends.
Nadia, Co Durham

For your free first session of Distant Reiki, email me now!

mail@reikiken.com

www.reikiken.com

YouTube—search Reiki Ken

LinkedIn—search @ReikiKen

Reiki Ken Blog

My Blog replaced my newsletter in 2021, and is an easier way for me to keep you up to date with the latest from my Reiki world.

Scan QR code to subscribe to my Blog updates.

I have had two blocks of six sessions of distant Reiki from Ken to help me recover from a broken arm. Reiki not only kept me pain free for considerable periods of time but, I believe, also speeded up the healing process. Throughout my sessions I had regular consultations with Ken, who is a sympathetic and knowledgeable therapist, and a very kind and compassionate person. I have no hesitation in recommending Ken as a therapist and distant Reiki as a therapy.
Cathy, Northumberland

Scan QR code for the Testimonials page

Stressed out? Try Distant Reiki - your first session is free!

Reiki relaxes you, and accelerates your body's natural healing process

REIKI KEN

Ken Hill—Reiki Ken

Reiki practitioner offering the benefits of Distant Reiki to you, wherever you are in the world! And researching the science of Reiki!

Check out my website, www.reikiken.com,

then email me at mail@reikiken.com!

Your first session is free!

Registered with the Complementary & Natural Healthcare Council (CNHC)

CNHC REGISTERED
Complementary & Natural Healthcare Council
professional standards authority
accredited register

Who is Reiki Ken?

- Based in Darlington, County Durham, UK, I am passionate about Reiki and its benefits to our health, and have been offering it to over 230 clients since 2009.
- I am a Reiki Master (and retired Reiki Teacher).
- I am registered with the Complementary and Natural Healthcare Council (CNHC), the UK's leading regulatory body for complementary therapies.
- I have been running my own research project, "The Science of Reiki" since 2020.
- I was Research Co-ordinator for the UK Reiki Federation (UKRF) from 2014 to 2019.
- I was a member of the UKRF's Management Committee from 2017 to 2018.
- I was seconded to the UK Reiki Council from 2017 to 2019.

Reiki and I can certainly help you!

What is Reiki?

Reiki is practised in many hospitals here in the UK, in the USA, and throughout much of the world. Reiki is the transfer of energy through the practitioner to you: your body recognises the energy and sets it to work both to relax you and to accelerate your body's natural ability to heal itself.

Stress is an element of modern life that affects ***all of us***. Reiki is the perfect antidote to stress. ***It works***.

See the testimonials page of my website to see how it has helped some of my clients.

Science has been examining Reiki for years: if you'd like to see the evidence of some of these clinical trials, go to the Reiki research page on my website.

How did Reiki help me?
See the video on the Home page of my website: *then think what it could do for you!*

How do you receive Distant Reiki? See the Distant Reiki page of my website. ***It is so simple!***

Reiki in hospitals

In 2007, over 800 hospitals in the USA were offering Reiki to their patients. *(Source - American Hospitals Association, 2007.)* Reiki is serious therapy, proven to work (with published scientific evidence), and is available in many hospitals alongside conventional allopathic medicine. In the UK and around the world, the benefits of Reiki are beginning to be recognised by the community. As a result of this Reiki is now being used in a wide variety of medical settings in the UK, including many parts of the NHS.
See the Reiki in hospitals page on my website.

Reiki research

In addition to being a Reiki practitioner, I am working on a new Reiki research project, collating the science behind Reiki—*there's a **lot** of it!* I was the Research Co-Ordinator with the UK Reiki Federation until 2019; my main responsibility was the editing of "Reiki - The Body of Evidence", a document containing over 100 Reiki clinical trials and over 40 serious published articles about Reiki, and much more information about Reiki research. See Reiki research on my website for more details of Reiki and science.